

- 1. You can save energy and help the environment by: bringing cloth bags to the store; buying in bulk; buying foods grown locally; reducing the amount of things you buy; and reusing and recycling the things that you already have.
- 2. Planting a tree helps balance the effects of energy use and human activities in several ways. Its leaves absorb CO<sub>2</sub> and give off oxygen. The shade it provides keeps your home cooler in the summer. Its roots prevent rain from washing away soil.
- 3. Transportation uses up about two-thirds of all the oil used in the United States. That's why it's a great idea to bike or walk to school or after-school activities whenever possible.
- 4. When it's cold or wet out you can line dry your clothes indoors on a clothing rack in your laundry room or basement, or above the dryer.
- 5. Conserving water helps the environment because it saves water for fish and animals, it helps preserve drinking water supplies, and it saves the energy needed to run wastewater treatment plants.